CLASS OPPORTUNITIES

Our program offers a variety of classes for children from toddlers to high school students.

We offer both recreational gymnastics and a team program to meet a variety of skill levels and interests.

If you are interested in joining a team and being a part of the year-round program, please contact Coach Ashley to set up a time for athlete evaluations



PROGRAM HISTORY AND

ACCOMPLISHMENTS:

PERHAM GYMNASTIC

1998 - Gymnastic Program Begins in Perham, classes were held in the Wrestling Room at the PACC and show team members were selected

Dec. 1998- Show equipment arrives at PACC for first ever "Christmas with the Stars I. Show team performs at area high school half times for basketball with many standing ovations. 1999-2000 - Program growth increases and teams and classes are moved to the Industrial Park 2001: Show teams travel to North Dakota State, University of North Dakota, and St. Cloud State University 2001-2002: Some twenty six different cities have kids coming to Perham for gymnastics 2002-2012: Look what Perham High School Yellow Jacket

Gymnastics has brought home since then.... 2002 - Section 8A Runner Up 2003 - Section 8A Champions & 6th place at the State Championships 2004 - Section 8A Champions & Minnesota State Class A Champions, 1st in school history 2005 - Section 8A Champions & Minnesota State Class A Champions, 2nd straight year 2006 - Section 8A Champions & Minnesota State Class A Champions, 3rd straight year 2007 - Section 8A Champions & Minnesota State Class A Champions, 4th straight year 2008 - Section 8A Champions & Minnesota State Class A Champions, 5th straight year 2009 - Section 8A Champions & Minnesota State Class A Champions, 6th straight year 2010 - Section 8A Champions & Minnesota State Class A Champions, 7th straight year 2011 - Section 8A Champions & Minnesota State Class A Champions, 8th straight year 2012 - Section 8A Champions & 4th place at the State Championships 2013 - Section 8A Champions & 4th place at the State

• Ten straight Mid-State Conference Championships

Championships

- Fourteen State Individual Championships in the State of Minnesota
- Seventeen All-State Elite Gymnasts in the State of Minnesota (Tip five selected only in MN)
- Seven Minnesota State Coaches Association True Team Championships

PERHAM GYMNASTICS



2 1 8 - 3 4 6 - 1 5 4 0 perhamgym@outlook.com

BUILDING CHAMPIONS:

IN SCHOOL.

IN SPORT.

IN LIFE.



RECREATIONAL CLASSES: **Recreational classes will be a month by	TEAM CLASSES: **Team classes are a year long commitment	TEAM CLASSES **Team classes are a year long commitment
month commitment June through August STRENGTH AND BALANCE	TINY TUMBLERS	PLATINUM
1 hour a week Tuesdays 3:15-4:15	<u>Tuesday 1:00-2:00</u> <3 -4 year olds> \$40.00	<u>Mon 12:30-2:30</u> <u>Wed 8:00-10:00</u>
\$25.00	BRONZE	<u>Thurs 12:00-2:30</u> \$90.00
REC 2 1 hour a week	<u>Mon 1:30-3:00</u> <u>Wed 1:00-2:30</u> \$50.00	ADVANCED 2
Wednesdays 12:30-1:30 \$25.00	SILVER	<u>Mon/Weds 10:00-1:00</u> <u>Tues/Thurs 8:00-11:30</u> \$100.00
REC 1	<u>Mon/Thurs 1:30-3:30</u> \$70.00	\$100.00
2 hours a week Tuesday/Thursday 2:30-3:30	GOLD	ADVANCED 1
\$30.00	<u>Tues 11:00-2:00</u> <u>Wed 12:30-2:30</u> <u>Thurs 11:00-12:30</u> \$90.00	<u>Mon/Weds 8:00-12:00</u> <u>Tues/Thurs 8:00-11:30</u> \$110.00